














Child Abuse Prevention Month

April 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
				1	2	3
				<p>Plant a pinwheel in our virtual pinwheel garden by donating to CASA.</p> 	<p>Wear blue to show you support Child Abuse Prevention! Share on social media with #WearBlueDay</p>	<p>Complete the CASA pinwheel coloring sheet with your child.</p> 
4	5	6	7	8	9	10
<p>Read the book God Loves All of Me with your children to help them learn about safe touch.</p> 	<p>Send an encouraging text/call/message to a parent you know.</p> 	<p>Consider becoming a CASA volunteer or a foster parent with your local DSS agency. If you can't, consider making a donation to CASA.</p>	<p>Like the CASA of Central Virginia page on Facebook, and share a status with your friends. Follow us on Instagram as well!</p>	<p>Attend our virtual information session. Register in advance through our website.</p>	<p>Pay off lunch accounts at your school, or donate to the meals program.</p> 	<p>Sign up to be a sports coach at your local YMCA or Parks and Rec department.</p> 
11	12	13	14	15	16	17
<p>Ask your pastor to send domestic violence hotline information to congregation.</p>	<p>Donate diapers or toiletries to your local DV shelter.</p> 	<p>Read through these caring phrases for how to respond if someone discloses an experience of abuse to you.</p>	<p>Request a CASA yard sign to display in your neighborhood.</p> 	<p>Sign up for Careportal.org to find ways you can donate funds or items to local families in need.</p>	<p>Write a legislator a thank you note for supporting foster children in your area this session.</p>	<p>Attend a virtual event of The Motherhood Collective to connect with other mothers.</p>
18	19	20	21	22	23	24
<p>Ask what your faith community's child protection policies are. Ensure they are following best practice guidelines.</p>	<p>Buy diapers, formula or groceries for a parent of a young child.</p> 	<p>Use this family contract to discuss Internet safety with your child.</p> 	<p>Review pictures you've posted of your child online from a safety perspective, and remove any pictures with any (even partial) nudity.</p>	<p>Submit photos of your hotel room to fight sex trafficking, through this app: https://traffickcam.com</p>	<p>Give meditation a try with your children using this video.</p> 	<p>Attend our virtual information session. Register Here</p> <p>Visit Mission House downtown for a vendor fair to support CASA.</p>
25	26	27	28	29	30	
<p>Celebrate Blue Sunday with your church to bring awareness to victims of child abuse.</p> 	<p>Locate a kinship family caring for children who are not their own. Offer to run an errand for them, bring them dinner, or give gift cards for family fun.</p>	<p>Safely dispose of unused medications at a local drop site. Learn more about opioid prevention and recovery at curbthecrisis.com.</p>	<p>Visit Grace Marie Jewelry for a special shopping day today to support CASA!</p>	<p>Write a thank you letter to a teacher who helped you or a child you love.</p>	<p>Donate to the local S.O.S. Backpack program to help provide food to kids each weekend.</p>	